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**Your Most Magical
Guide to Vegan Options
at Animal Kingdom**

VEGAN AND PLANT-BASED OPTIONS AT WALT DISNEY WORLD

Below is a list of all the vegan and plant-based options that are currently on offer at Animal Kingdom. It is a comprehensive list of snacks, quick service meals, table service meals and fine dining meals you will find at this park. It will give you everything you need to know so you can plan all the delicious things you want to eat during your trip!

Please note all items listed were correct at time of publication but some items may be unavailable or changed as Disney adapt their menus or change suppliers frequently. Restaurants highlighted in blue have an upcoming menu change. Once the new options become available I will update this guide.

Items marked with  are listed as official plant-based. Anytime you see this symbol on menus or next to food items whilst at Disney it means that the items are plant-based as standard and therefore safe for vegans. Items listed below with an asterisk * are items that may be suitable for vegan but not listed officially on the Disney website or may require some modifications to make them suitable. Please always check these items with the chef before ordering.

Only items marked with the plant-based symbol whilst you are at Disney can be guaranteed to be plant-based and cooked to a plant-based recipe.

Covid-19 Updates

Due to the Covid-19 updates at Disney World some restaurant may not be open during your trip, have a limited menu or a modified dining experience. Below are the vegan options currently available at Animal Kingdom. The information below is subject to change as Disney may open or close restaurants or change menu items and suppliers.

Animal Kingdom

SNACK

Creature Comforts – Starbucks	Coffee and Tea with Plant Milks (please check drinks as some mixes may contain animal products)*
Dino-Bite Snacks	Vegan Ice Cream* Waffle Cone* Mickey Pretzel (no cheese dip)* Chips*
Drinkwallah	Frozen Coke Slushy* Blue Raspberry Slushy* Frozen Lemonade* Cinnamon Glazed Nuts* Chips*
Eight Spoon Café	Mickey Pretzel (no cheese sauce)* Chips*
Harambe Fruit Market	Fruit* Mickey Pretzel (no cheese dip)* Chips* A Cuties Mandarin*
Isle of Java	Mickey Pretzel (no cheese dip)*
Joffrey's	Coffee and Tea with Plant Milks (please check drinks as some mixes may contain animal products)*
Kusafiri Coffee Shop and Bakery	Seasoned House-Made Chips* Fresh Fruit Cup*
Mahindi	Popcorn Chips* 
Mr Kamal's	Fries* Hummus*
Pongu Pongu	Night Blossom (check boba is vegan)* Colossal Pretzel (no beer cheese sauce)*
Tamu Tamu Refreshments	Pineapple Dole Whip (no vanilla swirl)  Pineapple Dole Whip Float (no vanilla swirl)  Pineapple Dole Whip with Rum* Simba's Sunset*

Thirsty River Bar & Trek Snacks	Popcorn* Mickey Pretzel (no cheese dip)* Chips* Frozen Lemonade* Strawberry fruit bar* Uncrustable*
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QUICK SERVICE

















Flame Tree Barbecue	Hot Link Smokehouse Sausage  Fries* Uncrustable* A Cuties Mandarin*
Harambe Market	Hot Link Bowl  Fries* Cilantro Rice* Uncrustable*
Pizzafari	Greens and Grains Salad  A Cuties Mandarin* PB&J Uncrustables*
Restaurantosaurus	Impossible Spicy Southwestern Burger  Fries* Uncrustable* A Cuties Mandarin*
Satu'li Canteen	Build your own bowl. The following options are vegan.  Chili spiced tofu (also on the kids menu)  Black beans and rice  Sweet Potato hash  Charred onion vinaigrette 
Yak & Yeti Local Food Cafes	Hash Brown Bites (breakfast menu)* Fruit Salad (breakfast menu)* Uncrustable*

TABLE SERVICE

Nomad Lounge	<p>Impossible Sliders (swap bread to vegan bread, check if aioli is vegan)*</p> <p>Tiffins Signature Bread Service (specify vegan when ordering)*</p> <p>Impossible Bunny Chow (kids menu) </p>
Rainforest Café	<p>Paradise House Salad* (check dressing is vegan)</p> <p>Beyond Burger (no cheese or bun, swap to lettuce bun)*</p> <p>Ancient Grains Bowl*</p> <p>Anaconda Pasta (no cheese, specify vegan)*</p> <p>Python Pasta (kids menu, order with marinara sauce, specify vegan)*</p>
Tusker House Restaurant	<p><u>Breakfast</u></p> <p>All-You-Care-To-Enjoy Platter with Just Egg, Plant-Based Mickey Waffles, </p> <p>Impossible Sausage Patty, Potatoes, Chickpea Curry Over Rice, Fruit Salad with Plant-Based Yogurt, Strawberry Preserve, Vegan Butter, Vegan and Gluten-Free Rolls</p> <p><u>Lunch / Dinner</u></p> <p>All-You-Care-To-Enjoy Platter with Poppadoms with Red Pepper </p> <p>Hummus, Cilantro Dip and Mango Chutney, African Salad, Impossible Durban Curry, Jasmine Rice, Roasted Potatoes, Green Beans, Carrots and Corn, Chocolate Mousse</p>
Yak & Yeti Restaurant	<p>Vegetable Lo Mein with Tofu (specify vegan when ordering)*</p> <p>Miso Tofu (swap out salmon for tofu)*</p> <p>Sweet and Sour Tofu (swap out chicken for tofu)*</p> <p>Roasted Vegetable Bowl*</p> <p>Beyond Burger*</p> <p>House Salad*</p>

FINE DINING

Tiffins Restaurant	<p>Tiffins Signature Bread Service (specify vegan when ordering)*</p> <p>North African Spiced Tofu </p> <p>Tinga Taco </p> <p>Passion Fruit Tapioca Crème </p> <p>Impossible Bunny Chow (kids menu) </p>
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THANK YOU!

Your Most Magical Guide to Which Vegan Options at Animal Kingdom was created by Most Magical Guides.

This is an unofficial guide and has no affiliation with Walt Disney World or The Walt Disney Company.

I hope this guide has been helpful and will make preparing for your trip that bit easier. I hope you have the most magical trip!

Be sure to check out my website!

www.mostmagicalguides.com

For more guides and information about being vegan at Walt Disney World please visit:

www.mostmagicalguides.com/vegan-wdw

For a whole range of tips and advice on a whole host of topics for planning a Disney World and Orlando theme park trip be sure to check out the Most Magical Blog at:

www.mostmagicalguides.com/blog

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The background is a vibrant pink color, densely populated with small, multi-colored confetti pieces in shades of yellow, white, and teal. A large, solid teal circle is centered on the page, serving as a backdrop for the main text.

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